

# Kandoo GOLD Roadmap

## Welcome

Welcome

A Solid Foundation

Setting Training Goals

The Kandoo Workbook

## Module 1

The Engagement Zone

Give to the Bit

## Module 2

Shoulder Control

Hips to the Fence

1st Saddling

## Module 3

Long-Reining

Short-Reining

Round Pen

## Module 4

Hindquarter Control

Stops

Stop and Back Up

## Module 5

Novel Objects

Trailer Loading

## Module 6

Canter

**Module 7**

Lateral Work

**Module 8**

Flying  
Changes

**Resources**

Meeting Replays

Voice-Over Lessons

Science and Learning  
Theory

**Bonus Material**

Young  
Horse

Off-the-Track

Title	Lane	Legend	Description	Strategic Importance
<b>Welcome</b>	Welcome	■ Welcome	How to use the Kandoo GOLD Online Training	Orientation
<b>A Solid Foundation</b>	Welcome	■ Welcome	The importance of setting a strong foundation	Eliminating holes in your training
<b>Setting Training Goals</b>	Welcome	■ Welcome	How to set SMART training goals for you and your horse	You have to know where you are going before the journey begins
<b>The Kandoo Workbook</b>	Welcome	■ Welcome	The Kandoo Workbook is posted to you and you can track your horse's progress here	Tracking your horse's progress is essential
<b>The Engagement Zone</b>	Module 1	■ Module 1	Engagement Zone video lessons: Assessing Emotional Level Raising and Lowering the Emotional Level Shaping Behaviour Have I Got Pressure? Practice Makes Perfect The 4 Basic Training Principles The ISES Training Principles Recognizing the Anxious Horse	The first and most important lesson (regardless of riding discipline)
<b>Give to the Bit</b>	Module 1	■ Module 1	Full-length Training Lesson Teaching Bridling Getting Started How Much Pressure? Head Position Handler Position The Older Horse Off-the-Track At the Clinic Give to the Bit Summary	Teaching softness and frame while getting your horse into the engagement zone to optimize learning

Title	Lane	Legend	Description	Strategic Importance
<b>Shoulder Control</b>	Module 2	■ Module 2	<ul style="list-style-type: none"> <li>Full-length Training Lesson</li> <li>Shoulder Control Explained</li> <li>Starting Out</li> <li>Shaping</li> <li>Riding Shoulder Control</li> <li>Shoulders on the Fence</li> <li>Putting It All together</li> <li>Shoulder Control and the Older Horse</li> <li>Starting Shoulder Control (Rider's View)</li> <li>Riding Shoulder Control (Rider's View)</li> </ul>	The first step in controlling the feet
<b>Hips to the Fence</b>	Module 2	■ Module 2	<ul style="list-style-type: none"> <li>Hips to the Fence Summary</li> <li>Emotional Level</li> <li>Mounting (Standard View)</li> <li>Mounting (Rider's View)</li> <li>Side-Pass on the Ground</li> <li>Young Horse</li> <li>Nervous Horse</li> <li>That Little Bit Extra</li> <li>The Sensitive Horse</li> </ul>	Teaching your horse to stand for mounting and an excellent lesson for handlers to learn about their horse's emotional level and train in the engagement zone
<b>1st Saddling</b>	Module 2	■ Module 2	<ul style="list-style-type: none"> <li>Full-Length Training Lesson</li> <li>Rope Girth</li> <li>1st Surcingle</li> <li>1st Saddle</li> <li>Saddle habituation</li> <li>Mounting for 1st Saddling for the Experienced Horse</li> <li>1st Saddling and Mounting for the Un-Handled Horse</li> <li>Saddle Fitting</li> <li>Saddle Accessories</li> <li>Saddle Fitting for High Withers</li> </ul>	This is an essential lesson for un-started horses and those that are 'cold-backed'

Title	Lane	Legend	Description	Strategic Importance
<b>Long-Reining</b>	Module 3	■ Module 3	<ul style="list-style-type: none"> <li>Full-Length Training Lesson</li> <li>Habituation</li> <li>Changing Direction</li> <li>Towards Performance</li> <li>Common Problems</li> <li>Kicking at the Lines</li> <li>The Older Horse</li> <li>Long-Reining Equipment</li> <li>Rollers for Long-Reining</li> </ul>	Long-reining is similar to lunging but much more educational
<b>Short-Reining</b>	Module 3	■ Module 3	<ul style="list-style-type: none"> <li>Getting Started</li> <li>Progressing with Short-Reining</li> <li>Advancing with Short-Reining</li> <li>Problem Solving (BTV Short-Reining)</li> <li>Short-Reining for Habituation</li> <li>Short-Reining for Emotional Level Adjustment</li> </ul>	The perfect transition from groundwork to under saddle
<b>Round Pen</b>	Module 3	■ Module 3	<ul style="list-style-type: none"> <li>Full-Length Training Lesson</li> <li>What NOT To Do</li> <li>Summary</li> <li>Outside Turns</li> <li>Inside Turns</li> <li>Come-To-Me</li> <li>The Over-Confident Horse</li> <li>Fast-Track to Inside Turns</li> </ul>	It is essential that your horse does not feel chased in the round pen. Specific movements need to be taught and the horse's energy expenditure minimized to ensure the round pen functions as a classroom
<b>Hindquarter Control</b>	Module 4	■ Module 4	<ul style="list-style-type: none"> <li>Disengaging the Hindquarter</li> <li>Riding Hindquarter Disengagement</li> <li>The 20 m Circle Exercise</li> <li>Using the Fence</li> <li>Moving Towards Travers</li> <li>Getting Travers in Walk</li> <li>Flying Change Exercise</li> </ul>	The first step towards lateral work

Title	Lane	Legend	Description	Strategic Importance
<b>Stops</b>	Module 4	■ Module 4	Teaching the Pattern Reducing the Hindquarter Movement	Training a clear cue from the ground
<b>Stop and Back Up</b>	Module 4	■ Module 4	Adding the Back Up to the Stop Skipping the Stop Preventing Rearing	This lesson should not be taught before shoulder and hindquarter control
<b>Novel Objects</b>	Module 5	■ Module 5	The Purpose of Habituation Horse history Weighting Objects Both Sides Attaching the Objects Long-Reining Habituation to an Umbrella Stock Whip Habituation	The difference between desensitizing and habituation and the importance of working in the engagement zone
<b>Trailer Loading</b>	Module 5	■ Module 5	Full-Length Training Lesson Back and Forward One-Foot-On Four-Feet-On Whole Horse On Common Problems First Time on the Trailer Rears and Runs Off Backwards Remedial Loading Exercises	Teaching the horse to load and unload at the same time solves the common problem of horses rushing off backwards
<b>Canter</b>	Module 6	■ Module 6	Picking Up Leads Bucking and Kicking Out Falling Out of Gait Rushing Into Canter Correcting Leads on the Long-Reins	Covering all of the common canter difficulties

Title	Lane	Legend	Description	Strategic Importance
<b>Lateral Work</b>	Module 7	■ Module 7	Lateral Work Overview Travers (Haunches-In) The Leg Yield Half-Pass Teaching Obstacles	Once you have independent shoulder and hindquarter control, you can move on to lateral work
<b>Flying Changes</b>	Module 8	■ Module 8	The Round Pen On the Long-Reins The 20m Circle Pattern The Figure-8 Pattern Establishing the Half-Pass Pattern The Half-Pass Lesson in Canter Stringing Changes Together with Loops Changes and Collection	The lateral work lesson leads directly into the flying change module
<b>Voice-Over Lessons</b>	Resources	■ Resources	GOLD members can send me their training videos and I will give you a voice-over lesson - you can watch other students' lessons here	
<b>Meeting Replays</b>	Resources	■ Resources	We meet twice a week and each replay is stored here	
<b>Science and Learning Theory</b>	Resources	■ Resources	Bubble Building After a Break Learning Theory Presentations Peer-Reviewed Journal Articles Magazine Articles Demonstrations Whole Horse Dissection Barefoot and Boots	The practical application of equitation science explained

Title	Lane	Legend	Description	Strategic Importance
<b>Young Horse</b>	Bonus Material	■ Bonus Material	<ul style="list-style-type: none"> <li>Haltering</li> <li>Habituation to the Rope</li> <li>Picking Up Feet</li> <li>Bridling the Young Horse</li> <li>Tying Up</li> <li>Washing the Young Horse</li> <li>Leading</li> <li>Trailer Loading</li> <li>Getting Out</li> </ul>	These lessons are suitable for any 'educationally' young horse
<b>Off-the-Track</b>	Bonus Material	■ Bonus Material	<ul style="list-style-type: none"> <li>Bridling the OTT</li> <li>Give to the Bit</li> <li>Long-Reining Preparation</li> <li>1st Long-Reining</li> <li>2nd Long-Reining</li> <li>Hips to the Fence</li> <li>1st Ride</li> <li>2nd Ride</li> <li>Arena Ride</li> </ul>	Off-the-track horses require some un-training before we can re-train them for their new life